

LaXfactor 2019

Directed by- Brittney Conzentino, Head Coach Downingtown West High School

Instructional Lacrosse League for K, 1st, 2nd, 3rd, 4th, 5th, & 6th Grade Girls including 10- 1 HOUR Sessions of Instructional Practices and Games for the development and growth of Lacrosse Players in the Chester County Area

\$100 per player – Checks payable to “LaXfactor” or Register & Pay on our website!

Start date: April 7th through May 8th

Sunday Afternoons (Grades K, 1, 2 & 3: 12pm-1pm, Grades 4, 5 & 6: 1pm-2pm)

&

Wednesday Evenings (Grades K, 1, 2 & 3: 5:15pm-6:15pm, Grades 4, 5 & 6: 6:15pm-7:15pm)

ALL SESSIONS @ DOWNINGTOWN WEST HIGH SCHOOL --DiSerafino Turf

Group One: K, 1st, 2nd & 3rd grade players will be in small groups. Basic skills will be taught: cradling, catching, throwing, shooting, basic defense, etc.

Group Two: 4th, 5th, & 6th grade players will be in small groups. Basic skills will be taught along with draws and defensive and offensive concepts.

YOU WILL NEED: Lacrosse Stick, Mouth Guard, Eyewear, Sneakers or Turf Shoes & Water.

Need More INFO> Contact Coach Conzentino / LaxFactor17@gmail.com / #484-467-6243

DEADLINE FOR REGISTRATION ... APRIL 1st!

Complete bottom section and mail with payment to:

“LaXfactor” @ 1136 Delaware Lane, Downingtown Pa 19335

OR

Register and Pay online through our NEW Website! www.wclaxfactor.com

LaXfactor

\$100 per player- Checks payable to: “LaXfactor”

Mail this bottom section and payment to: “LaxFactor” @ 1136 Delaware Lane, Downingtown Pa 19335

NAME _____ Grade -2017/18 _____ School _____

ADDRESS _____

CITY, STATE, ZIP _____

E-MAIL ADDRESS _____ EMERGENCY PHONE # _____

REQUESTS- NOT GUARANTEED (NO MORE THAN 1 PLEASE) _____

League Waiver

I hereby release and discharge Downingtown West Girls Lacrosse, Downingtown West Girls Lacrosse Booster Club, and Downingtown Area School District, its directors, agents, and officers from any claims, responsibilities or liabilities for injuries or harm incurred as a result of my participation and/or my child's participation in the lacrosse league. I authorize Downingtown West Girls Lacrosse, its directors, agents and officers to take whatever action is necessary in their best judgment, in an emergency and I hereby release and discharge Downingtown West Girls Lacrosse, its directors, agents and officers from any responsibility or liability related thereto. I hereby grant permission to use my child's name, picture, or likeness in any printed media or any form of advertisement. I fully renounce any and all claims upon Downingtown Girls Lacrosse for reimbursement for use of this material.

CHILD'S NAME: _____

PARENT SIGNATURE: _____

DATE: _____

Please Print
Clearly

LAXFACTOR 2019

ALL PRACTICES AND GAMES ARE ON THE DISERAFINO TURF FIELD BEHIND THE
STEM ACADEMY

Sunday April 7th – Opening Day Practice
Check in begins at 11:45am for grades K, 1, 2 and 3
& 12:45pm for grades 4, 5, 6

Session Times:

GRADES K through 3rd PRACTICES: 5:15 – 6:15 on Wednesday evenings
& 12:00-1:00 on Sundays

GRADES 4, 5 & 6 PRACTICES: 6:15 – 7:15 on Wednesday evenings
& 1:00-2:00 on Sundays

Sunday April 7th - Practice

Wednesday April 10th - Practice

Sunday April 14th – FIRST GAME

Wednesday April 17th - Practice

Sunday April 21nd – NO LAXFACTOR- Happy Easter!

Wednesday April 24th - Practice

Sunday April 28th - GAME

Wednesday May 1nd - Practice

Sunday May 5th - GAME

Wednesday May 8th – GAME

Tentative Make-up Dates:

Sunday May 12th and Wednesday May 15th